# What Kings and Queens Like for Dinner ALCOHOL IRONS

thyme, pepper and salt, and one egg. Then roll it, and either braise or roast it. Serve it with a rich brown sauce and some kidneys if liked.

Porterhouse Steak.

This steak is cut from the middle of the sirloin about two to three inches thick. It must be very tender. Butter and grill it a nice dark brown on each side, and leave it a little underdone in the center. When cooked, dish it like a steak with some small braised onions and small potatoes, both sauted in butter. Put a very little demi-glaze over the steak, but no other gravy. Serve horseradish or horseradish sauce with it.

### Beefsteak Russe.

One pound of fresh fillet of beef chopped fine, add three ounces of fresh butter, salt, pepper and chopped parsley. Make up the mince into flat rounds. Egg and bread-crumb them succulent trout cooked a la montagnarde. and fry in butter. The sauce, served Georgiana, the Countess of Dudley, we separately, is Colbert, made of glaze, parsley, lemon juice and butter-can be served with macaroni.

Kidneys Cooked in Their Fat.

Take three fresh sheep's kidneys, without removing their fat, cut into the Dudley Recipe Book. Dip them in cream and season, then dip them into flour, and fry in bacon fat a golden brown on each side. Serve very hot on rounds of toast or fried

Sauce a la Wombwell.

One stick horseradish grated, two ounces red currant jelly melted, one cream, which make hot; keep stirring sieve. Mix the raw yolk of another tablespoonful mixed mustard, the grated rind and juice of two oranges and one lemon, one tablespoonful of white chili and elder vinegars. This is supvinegar. Mix together and serve.

Souffle of Spinach.

Two pounds of spinach blanched and braised in butter for one hour. Then it out of the water and drain till cold. prepare two ounces of butter, two When cold remove the outside skin and mesan cheese. Put the butter into a top of ham with a knife. Sprinkle stewpan to melt, then add the flour three or four tablespoonfuls of powder- stir until amalgamated. Gradually to or four minutes and serve quickly. A taste. Then add the spinach and the ing about every five minutes with a this add a few drops of Worcester sauce, is considered by some to be an im volks of three eggs (fresh). Whip the pint of cooking sherry. Remove from tarragon and vinegar, caster sugar and provement.

ing stuffing, which is made of bread erumbs, suet, chopped parsley, a little New Cook Book by the Countess of Dudley Reveals the Favorite Recipes of Royalty and Fashionable Europe.

> THE King of England's favorite dish for breakfast is kidneys cooked in their fat jackets; the Czar of Russia is quite contented if he has Indian curry set before him three times a week for luncheon; the late Queen Victoria loved the lobster cutlets that have been named in her honor; Queen Victoria of Spain's choice dish is roast rabbit in hot cream, while the young King Alfonso smacks his lips when there is placed before his Majesty a

Georgiana, the Countess of Dudley, who is as famous in England for her cooking and dinners almost as much as for her beauty, has spent years collecting recipes from all the great tables of of eggs, three ounces of castor sugar Europe. It is a very remarkable and exhaustive collection, and it and half an ounce of French gelatine. has just been published by Edward Arnold, of London. It is called Put the gelatine intax stewpan and

whites very stiff and add them very the oven while doing so, using the gently. Bake in a good oven and serve sherry enough at a time to baste thor-

Sauce Hollandaise,

Make first melted butter, then get one yolk of egg and half a gill of when cold and pass through a hair melted butter. Flavor with tarragon, chili and elder vinegars. This is supposed to be for one person.

Boil the ham till well cooked. Take

roughly with it. Sauce Tartare.

Boil one egg hard, take the yolk add tarragon and chili vinegars to taste. Be eareful not to stir it too

Placed in a stoppered bottle, this will keep for a month or longer.

Green Peas a L'Allemande.

Take a quart of small fresh green peas. Put them in a saucepan with two lettuces chopped very fine, a piece of fresh butter the size of an egg, a little salt, pepper, nutmeg, a piece of sugar the size of a nut, a whole onion and a little very good consomme. Boil all these ingredients together for one hour, then take out the onion, and at the moment of serving the dish mix in a tables conful of flour and a little fresh butter. Serve very hot.

Spinach in Branch.

Take one pound of good young Spring spinach. Blanch it in water in the usual way. Strain off the water well until it is dry. Lay it in a dish in small bunches. Put a little fresh butter over it and serve very bot.

Take half a pint of strong, freshmade coffee and keep quite hot in a bain marie. Mix with it three yolks mix in the contents or the bain marie until the gelatine is dissolved. Then pass through a strainer, and when cold, but not set, add half a pint of whipped cream and chill this on the ice.

Take some boiled nam-free it from fat and sinew. Pound it in a mortar until tender and smooth-add four ounces of fresh butter, six peppercorns, -it must not boil. When hot add the egg with the yolk passed through the and a grate of nutmeg. Pass through

Break a very fresh egg into a cup (or small pan made for the purpose). sprinkle over it a pinch of salt and Take the yolks of two fresh eggs pepper. Pour over it enough rich milk ounces of flour and two ounces of Par- make slight incisions in the fat on the entirely free from the whites, with a or thin cream nearly to cover the egg. dessertspoonful of French mustard, and Place it in the oven to poach for three and about half a pint of milk. Let ed moist sugar over the top of the ham. this add drop by drop Lucca salad oil, very little Parmesan cheese spinkled it boil, add the cheese and season to Roast in oven for twenty minutes, bast- about a fourth of a wine bottle; to over the egg before the milk is added

## Soup and Fish

Cream of Barley.

chicken stock on the fire to boil. Mix fresh butter to help the gratin. Put up two tablespoonfuls of cream of barley with a little new milk, add tais serve very bot. to the boiling soup, stirring it in while it boils, for a few minutes, then add minutes, then add

Boil gently four pounds of knuckle veal until all the good is out of the meat. Strain it and add one handful Place over the fire for a few minutes. of rice. Let this cook in the broth. Add at the last minute a little chopped scalded, season the broth with salt and pepper and serve.

Mutton Scotch Broth.

Take three scrags of mutton. Boil parsley very hot for lunch. in cold water with onion, earrot, turnip, parsley, a stick of celery and a little salt. Take care to take the scum off at is rises. Boil till all the strength remove all fat.

Place again on the fire with finely cut vegetables-leek, carrot and turnip -and two handfuls of pearl barley. Boil gently till cooked, add a little finely chopped parsley and some cutlets or pieces of boiled mutton. The barley lets with fried parsley in the center. must not be washed.

Creme Duchesse Soup.

Take a good stock of white meat—such as chicken or veal. Make a puree such as chicken or veal. Make a puree a pan in which you have poured a bot-of green peas. Have ready some shredded sorrel and lettuce cooked in a little onions, a bouquet of herbs, six cloves, butter. Make the stock hot, adding a very little eschalot-garlic is the true the puree of peas. Pass all through thing—a few bay leaves and some but-a tammy (a straining cloth) and return ter well worked up with flour. Take to the fire. Add one gill of cream out the onions and herbs and serve the and the shreds of sorrel and letture. fish in the remainder of the liquor, add-Serve with croutons.

Cream of Lettuce.

them well and cut them up. Let them nicely seasoned spinach, then lay on and let it cook gently, skimming off cook in a little butter and a little mixed the top of the spinach as many filets the oil as it rises. Season to taste and vegetable — carrot, leek and onion. as you require. Make a thin rich serve with boiled rice in a separate dish. When all is tender pass through a tam-When all is tender pass through a tam-my and return to the fire. Add one Sprinkie the fish with a lot of grated The rice should be carefully boiled and gill of cream and a few shreds of let- cheese (Parmesan). Pour the sauce tuce. Serve with eroutons.

Oysters a la New Club.

Take twelve nice sized oysters and beard them, also removing the small round hard substance. Then have some fresh bread crumbs mixed with some fine chopped parsley, roll the oysters whiting in it. Season with salt, pepper on a silver grid-or, failing this, on a salt to taste. Have ready some nice to the dish in which the fish has been fried croutons cut into the size of cooked. Add a little meat glaze. Let a half dollar. Put one or two-not it boil and take the meat from the fire. serve very hot as an entree or as a and chopped parsley, pour this over the

Take some oysters and beard them. Put them in a stewpan and allow them proportions, a teaspoonful of ground just to come to the boil-sufficient to saitpeter to a fish about sixteen or kill any germs—but not enough to allow the oysters to get hard. Strain or more according to size of fish. Let them and lay two oysters on each of it lie on the fish for two days and two their own shells, which have been well nights at least, then stick fish and hang cleaned and scalded in boiling water. up to dry, but not before a strong sun. Put over the oysters a few gratin bread crumbs which have been fried in butter. Place five or six shells on each plate, and serve one plate to every guest at the commencement of dinner.

Coquilles of Oysters.

Put twelve oysters in a stewpan with their liquor. Then put them on the fire just to boil up. Skim this well and put them aside. Put into a stewpan of flour; when it is well worked, pour see. There's an old chicken in full in very carefully the liquor from the bloom." oysters, adding a very little new milk gether. Fill your two coquille shells, itself."-Boston Herald.

and over the top put some bread crumbs Place one quart of light veal and and two or three very small pats of

Lobster au Gratin.

Take one medium sized cooked lobone gill of thick cream, and strain. ster, cut the shell in half, also the Serve with some French barley, which head. Take out the meat, reserving the has been cooked, and added to the soup. four pieces of shell. Chop the lobster very fine. Make a creamy Bechamel sauce, season it with pepper and salt. Add a little live spawn passed through with butter to color. Stir in the fish. Add two tablespoonfuls of thick cream, and when all is well mixed fill in your parsley, which has previously been shells and sprinkle them over with

Lobster Cutlets-Victoria.

Remove the meat from a well-cooked obster. Out it into small pieces. Make a good lobster sauce with cream. Place is out of the meat, then strain and the pieces into it and season with salt, cavenne, a little cooked chopped mushroom, onion and parsley. Cook it altogether, stirring it well. Turn it out of the pan and let it cool. Make it into rissole cutlets, dip in butter and bread crumbs and fry. Serve the cut-

Trout a la Montagnarde.

Clean the fish for an hour in cold water. Then boil it on a brisk fire in ing some scalded parsley.

Filets of Sole Monte Carlo.

over it and sprinkle another layer of Parmesan cheese. Put three or four tiny bits of butter on the top and bake a nice brown color.

Trout or Whitings Menniere.

well in the crumbs, then take an iron and a little lemon. Cover with a but- napkin. Serve them very hot. skewer and run the whole of them tered paper, cook it in the oven. through the center, and lightly grill When sufficiently cooked remove the them. Season with a little pepper and skin on both sides. Put it back on dish and serve.

For Kippered Salmon.

Coarse salt and brown sugar in equal

Salmon Pie.

Take slices of raw salmon half an inch thick. Put coarse black pepper between them and a pinch of salt. Cover with pie crust-bake and eat

Little Mary went into the country on a visit to her grandmother. Walkthen strain and beard the oysters and ing in the garden, she chanced to spy a peacock, a bird she had never seen. a piece of fresh butter about the size She ran quickly into the house and of a walnut; mix in a dessertspoonful cried out, "Oh, grandma, come out and

## Game and Meats

Chicken Pie.

Take one good fowl and cut it into chicken livers, a little chopped parsley some stoned bottled cherries, put it in and a little chopped fresh mushroom. a sauce-boat and serve hot with the Take a deep pie dish and line it with tongue, thin slices of streaky bacon, then put in, in layers, the chicken and different things until the dish is full, then pour of a hard-boiled egg and mix with it in some good chicken stock. Lastly, some sweet herbs, grated bread, salt cover it with slices of bacon, and a and pepper. Cover the chops with this for two hours, run off the gravy and buttered paper. Broil them over a remove the fat, then return the gravy clear fire, turning them often; remove

Chicken a l'Americaine.

Take a young fowl and stuff it with brown. bread crumbs. Add some small pieces of butter on the top and place them in the oven to gratin. Serve with fried of one egg to bind. Wrap the fewl in a stuffing of bread crumbs lightly cookslices of bacon and roast it. Serve the

Rabbits a la Creme.

Truss a pair of young rabbits. Soak them in milk and water to keep them white, drain and dredge them over with flour, pepper and salt. Baste well with butter. When nearly cooked add half a pint of cream to the butter you have basted with. Dredge over with flour till it forms a crust. Dish and pour side of their skin for two minutes, then the hot cream round.

Indian Curry.

them very fine, put them into a vege- they finish cooking. To devil them use table pan to fry in oil. Let them melted butter with English mustard brown. When cooked add one pint of and Worcester sauce, and serve them milk and one pint of cream and a lit- with a sauce brune mixed with vinegar, tle lemon juice. Cook all together un eschalot, Harvey, Worcester. Pass til ready to pass through the wire sieve. When this is done add two tablespoonfuls of the best Indian earry powder and half a small teaspoonful of tamaric powder. Mix well and return it Take some cabbage lettuce, wash Line the bottom of a gratin dish with joints or pieces of chicken in the same drained so that each grain is separate.

How to Make Good Cutlets.

Make a nicely-shaped cutlet by tak-ing the meat of two cutlets to one bone-see that they are very tender. Dip them in butter and bread crumbs, Butter a dish and put your trout or and grill before a clear open fire. Serve

Grouse or Game Souffle.

Take the breasts of two birds or equivalents that have been cooked, pound them in a mortar with two ounces of fresh butter and a very little more—oysters on to each. Dish them with fried parsley in the center and serve very hot as an entree or as a serve very hot lightly with salt and a little cayenne pepper. Twenty minutes will bake this in a quick oven. To be served as hot

> Split the partridge, pepper well, dip in oil (plenty of it), and boil it. Mel a little butter in a plate, rub the partridge well in the butter, and serve between two plates. Hot Cooked Tongue.

Split Partridges.

Take a smoked tongue and soak it in cold water for twelve hours-then place it in a pot to boil, cover it with water, adding one carrot, one faggot, two onions, two cloves and a few peppercorns. Let this boil for three and a half hours, then remove the tongue from the liquor, skin it and trim the root of the tongue. Glaze it, and serve with hot cherry sauce, which should b made as follows:

Cherry Sauce for Hot Tongue.

One tablespoonful of red currant jelly-melted-one wineglass of port wine, one of claret, a little whole Lucknow from. l of one lemon, and a little cayenne pep-

per-boil all together for half an hour -when reduced to one-half the quanneat joints-four hard boiled eggs, six tity, strain through muslin and add

the papers, cover the chops with carefully mashed potatoes, bind together with eggs, fry in hot oil to a delicate

Tournedos of Mutton.

Take a tender loin of mutton, cut it into fillets about one inch thick, with the fat left on them, flatten them a little with a cutlet bat, trim into a neat fowl with slices of grilled bacon and a good bread sauce made with cream. and grill them. Fry some thin rounds of bread and place one of these under each fillet when serving-with some small strips or round balls of potatoes which have been sauted in butter.

Deviled Quails.

Bone the quails as you would for a gelatine or chicken; beat them lightly to flatten them, then saute them one turn them and saute them again for one minute. The quails by this means Take three large Spanish onions, chop are almost cooked, and in grilling them



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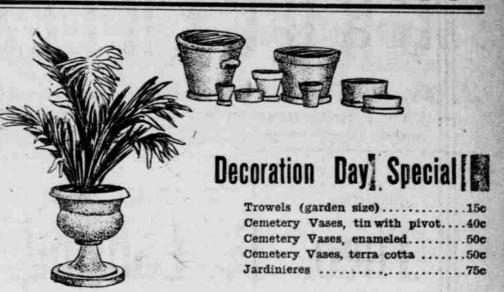
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Little Jean's parents were enthusiastic bridge players, and Jean was more or less familiar with the sight of cards. At Sunday-school one day the teacher had been giving a talk on David. Finally she held up a little colored print of and the yelks of two eggs. Then put in the oysters and mix all lightly to a girl and the rest will take care of one of claret, a little whole Lucknow one of claret, a little whole luck be a jack!"